



Healthcare Training & Career Consultants, Inc.

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Clinical Practicum Activities Involved

Classroom

1. Sitting in 6 hours of lectures, videos, and examinations.
2. Watching demonstrations of Nursing skills.
3. Performing return demonstrations of skills which involves bending, reaching over, pushing, and pulling after learning proper body mechanics and adjusting bed to working level.
(Participants will be working hands on in an actual nursing home)

Clinical Practicum Training

1. Standing up for 4 hours straight.
2. Bending, reaching over, pushing, pulling, lifting up to 50lbs, over 50lbs with assistance from another participant during transfer of a resident.
3. Performs personal care such as bathing, grooming, nail care, feeding, and changing incontinent pads on incontinent residents.
4. Perform passive range of motion as necessary.
5. Possible exposure to infection of known or unknown cause.
6. Exposure to combative residents.

Length of Training

Day Classes: 3 days

Evening Classes: 4 evenings